AASP THEY MATTER

Winter Letters of Hope Program

Hope Receiver Sign-Ups Open



Receive free handwritten letters of hope in your mailbox this winter.

For those experiencing isolation, grief, chronic illness, being homebound, or simply needing encouragement.

December 1, 2026 – February 1, 2027

You do not have to walk through winter alone.

Sign up or share with someone who may need hope.

www.AASPtheymatter.org

because #THEYMATTER

Suicide Prevention Action Awareness
Take Action. Spread Awareness.
#THEYMATTER
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